# ALTERATION OF MILK pH, SOMATIC CELL COUNT (SCC), LACTATE DEHYDROGENASE (LDH) AND ALKALINE PHOSPHATASE (ALP) ACTIVITIES IN BUFFALO MILK RELATED TO UDDER HEALTH STATUS

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## ABSTRACT

The present study was designed to correlate the milk pH, somatic cell count (SCC), lactate dehydrogenase (LDH) and alkaline phosphatase (ALP) activities in buffalo milk with the udder health status. A total of 60 (Sixty) buffaloes were randomly selected irrespective of their age, breed, feeding practice, stage and season of lactation from the herd belonging to Purnadhadi buffalo unit, PGIVAS, Teaching Veterinary Clinical complex, PGIVAS, Veterinary Polyclinic, Akola and also buffaloes of farmers in and around Akola. After thorough clinical examination of each udder, about 30 ml of milk was collected in sterilized, clean, dry plastic bottles and after careful screening by CMT, categorized in normal, sub- clinical (1+), sub- clinical (2+), sub- clinical (3+) and clinical group containing 12 animals in each group. The pH was measured using a digital pH meter (E.I. Model 101E) and SCC was calculated in freshly collected milk. LDH and ALP activities were measured by spectrophotometric method. The milk pH, SCC, LDH and ALP activities were found proportional to the severity of the udder infection as detected by the CMT reactions.

**Keywords**: *Bubalus bubalis*, buffaloes, alkaline phosphatase, lactate dehydrogenase, mastitis, pH, somatic cell count

## **INTRODUCTION**

India stands first in the world for buffalo population and milk production (Borghese, 2005). The water buffalo population in India was over 97.9 million in 2003, representing 56.5% of the world buffalo population (Singh and Barwal, 2010) which contributed 51.06% of milk production share during 2014 to 2015 (DADF, 2016).

Mastitis is a multifactorial inflammatory reaction of mammary gland which can occur in two forms, clinical and subclinical and is considered as the costliest production disease in the dairy farm worldwide (Miller et al., 1993). Moreover, Buffaloes have some characteristics which make them more prone to mastitis. For example, the udder is more pendulous and teats are longer in comparison to that of cattle (Moroni *et al.*, 2006) and also have an innate instinct of wallowing. The milk produced by the affected animals may harbor organisms which are particularly pathogenic not only to humans (Blumberg et al., 1992) are also equally harmful to suckling newborns (Batavani et al., 2007) and reduces the shelf life of fluid milk products (Oz et al., 1985). Along with the reduced and unhealthy milk production, mastitis also impels the premature culling of the genetically superior buffaloes.

Clinical mastitis shows all its cardinal signs (Bachaya *et al.*, 2011), so it is easily diagnosable

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on field but subclinical mastitis requires laboratory examination and field test as there are no inflammatory changes in the udder. Thus instances of subclinical mastitis usually go unnoticed with 3 to 40 times more prevalence than clinical mastitis (Bachaya *et al.*, 2011) and responsible for 70% of economic losses (Heleili *et al.*, 2012). Therefore, subclinical mastitis is more important than clinical one (Joshi and Gokhale, 2006).

The somatic cells rapidly increase during inflammation, so it can be used to predict the severity of the intra -mammary infection and be a useful tool to assess the milk quality, monitor herd health for mastitis and to decide milk quality based payment (Deshapriya *et al.*, 2019).

Normal buffalo milk is slightly acidic which may be due to presence of phosphates, proteins,  $CO_2$ and citrates in milk (Bilal and Ahmad, 2004). The milk pH shifted to alkalinity in mastitis because of the decreased lactose production and the increased selective transudation of alkaline salts by the udder tissue (Schalm *et al.*, 1971). Thus the pH may serve as the best indicator to assess the udder health status of the animal (Ahmad *et al.*, 2005).The damaged udder parenchyma due to inflammatory products results in the release of intra-cellular enzyme activity (Babaei *et al.*, 2007). Increased permeability during inflammation leads the leakage of enzymes from the blood to the milk (Pyorala, 2003).

The current study is aimed at assessing the relationship between pH, SCC, lactate dehydrogenase (LDH) and alkaline phosphatase (ALP) activities in buffalo milk and different form of udder health status.

### **MATERIALS AND METHODS**

Sixty buffaloes were selected randomly irrespective of their age, breed, feeding practice, stage and season of lactation from the herd belonging to Purnadhadi Buffalo Unit, PGIVAS, Teaching Veterinary Clinical Complex, PGIVAS, Veterinary Polyclinic, Akola and also buffaloes of farmers in and around Akola. Fore milk samples each of about 30 ml were collected in sterilized, clean, dry plastic bottles after thorough clinical examination of the udder. Immediately each milk sample was screened carefully by CMT (Durry and Reed, 1961) using the reagents prepared as mentioned by Chakroborti (1997) and stored in the ice bath for further physiochemical analysis. Likewise sixty samples were collected and categorized as normal, subclinical 1+, subclinical 2+, subclinical 3+ and clinical containing 12 animals in each group.

For each freshly collected milk sample, the pH was measured using digital pH meter (E.I. Model 101 E).

For the estimation of SCC a drop (0.01 ml) of each freshly collected milk sample was spread in 1 cm<sup>2</sup> area with the pasture pipette on a clean glass slide. The smear was air dried and stained by Livowitz Weber solution for 5 to 10 minutes. The smear was washed with distilled water and again air dried. This stained smear was then examined under oil immersion objective of microscope to count the somatic cells in at least 10 different fields. The average of theses counts was then multiplied with the microscopic factor of 50,000 in accordance with Schalm et al. (1971) to calculate the direct microscopic SCC for each sample of milk. Each milk sample of about 15 ml was centrifuged at 2500 rpm for 15 minutes to get a milk fat layer on the top leaving below the fat

free milk. Then the centrifuge tubes were kept in a freezer for 15 minutes to make the upper milk fat layer hardened and compact. (Olson *et al.*, 1981). The upper compact milk fat layer was punctured and the lower fat free milk was collected carefully into another centrifuge tube. Each 10 ml of such fat free milk sample was mixed thoroughly with 1 ml of 1 N HCl and centrifuged at 2500 rpm for 20 minutes. The casein settled at the bottom and the clear supernatant whey was separated and transferred carefully by pasture pipette into the dry clean vials for further estimation.

The LDH and ALP activities in each sample of milk whey were estimated using the reagents prepared in the laboratory and the digital spectrophotometer (E.I. model 301 E) according to the methods described by Cabaud *et al.* (1958); Chawla (2006) respectively. The standard curve for LDH units (U) was plotted against OD 520 nm and for ALP units the standard curve was plotted against OD of 510 nm.The statistical analysis of experimental data were carried out using the statistical procedure laid down by Snedecor and Cochran (1994).

# **RESULTS AND DISCUSSION**

## Milk pH

The average pH values of milk samples with their standard errors for comparison of different udder health status of buffaloes are presented in Table 1. The result indicated an increase in the pH values with the increase in the severity of mastitis. The pH values were also significant (P<0.01) for the comparison of all the groups.

Damage to the blood-milk barrier in mastitis leads to the leakage of epithelial tight junctions (Nguyen and Neville, 1998) and as a result blood and extracellular fluid components mix with secreted milk (Zhao and Lacasse, 2008) and showing the trend of increased milk pH with the increase in the severity of inflammatory process (Qayyum *et al.*, 2016). Increased permeability of blood bicarbonates and other alkaline salts into the milk together with the decreased production of lactose by the gland may result in milk pH became 7.0 (Rao, 1990). Pernoud *et al.* (2004) opined that the increase in pH value of mastitic milk could be due to higher pK value of ammonia produced on hydrolysis of urea in milk. Thus, the pH could serve as the best indicator to assess the udder health status of the animals as well as the food value of the milk (Haggag, 1991).

#### Somatic cell count (SCC)

The averages of SCC of milk with their standard errors for comparison in different udder health status of buffaloes are presented in Table 2. The results indicated the increase in number of SCC of milk with the increase in the severity of mastitis.

The major increase in the SCC during mastitis is due to the influx of neutrophills into the milk to fight infection (Miller and Paape, 1985) which is related to the immunological status of the udder (Leitner *et al.*, 2000) and modulated by the inflammatory mediators (Harmon, 1994). In buffalo as well as bovine mastitis, there is increase in somatic cell count (SCC), which varies according to the intensity and length of inflammation (Hamza and Choudhuri, 1994). Thus SCC can be considered as a golden standard to measure inflammation of udder (Hamann, 2002) in cytological investigation.

As such, increased levels of SCC found in the present investigation irrespective of the causative agents and influencing factors could be used as the clinical indicator of predictive and

Udder health status	Normal milk	Su	Clinical mills		
		1+	2+	3+	Clinical milk
pH	6.64ª±0.02	6.80 <sup>b</sup> ±0.01	6.92°±0.01	$7.08^{d}\pm0.01$	7.31°±0.03
Range	6.54-6.75	6.76-6.84	6.86-6.99	7.01-7.14	7.2-7.46

Table 1. Mean and standard error for milk pH values in different udder health status of buffalo.

Different superscripts indicate significance (P<0.01) between udder health statuses.

Table 2. Mean and standard error for somatic cell count of milk in different udder health status of buffalo.

Udder health status	Normal milk	S	Clinical mills		
		1+	2+	3+	Clinical milk
SCC (X 10 <sup>5</sup> cells/ml)	1.99ª±0.03	4.02 <sup>b</sup> ±0.06	6.43°±0.14	8.21 <sup>d</sup> ±0.12	10.13°±0.19
Range	1.86-2.12	3.72-4.32	5.63-7.01	7.56-8.76	9.23-11.25

Different superscripts indicate significance (P<0.01) between udder health statuses.

Table 3. Mean and standard error for milk whey lactate dehydrogenase (U/ml) activity in different udder health status of buffalo.

Udder health	Normal milk		Clinical milk		
status		1+	2+	3+	Chinical milk
LDH (U/ml)	411.74ª±8.28	642.33 <sup>b</sup> ±10.83	796.38°±11.85	963.88 <sup>d</sup> ±12.92	1250.07°±26.01
Range	372.57-455.43	598.29-699.71	746.86-855.43	891.14-1028.29	1126.86-1386.86

Different superscripts indicate significance (P<0.01) between udder health statuses.

Table 4. Mean and standard error for milk whey alkaline phosphatase (KA U/dl) activity in different udder health status of buffalo.

Udder health status	Normal milk	S	Clinical mills		
		1+	2+	3+	Clinical milk
ALP (KA U/dl)	16.39ª±0.80	25.96 <sup>b</sup> ±0.73	31.87°±0.60	37.07 <sup>d</sup> ±0.64	42.14°±0.59
Range	12.96-20.34	22.98-30.83	29.83-36.02	34.04-40.35	38.22-44.43

Different superscripts indicate significance (P<0.01) between udder health statuses.

diagnostic values, respectively for the detection of early and advanced stages of mastitis in buffaloes.

#### Lactate dehydrogenase (LDH) activity

The average LDH activities in milk whey with their standard errors for the comparison in different udder health status of buffaloes are presented in Table 3. The results indicated that there were significant (P<0.01) increases of LDH activity with the increase in the severity of different forms of mastitis in buffaloes.

The enzymes are the cellular constituents and rupture of the cells or tissues spill them into the milk (Shahani, 1966). Being larger molecular size, enzymes might be concentrated by active transport only from blood to milk (Folley, 1956). The increased LDH activity in mastitic milk was reported to be caused by the liberation from parenchyma cells of the udder and disintegrating leukocytes or both and from other sources like, serum (Bogin and Ziv, 1973) and the increasing trend of LDH activity with the increase in the severity of mastitis was reported by Batavani et al. (2007). Thus the LDH activity was described as an important indicator of bovine mastitis based on its estimation in individual sample of milk (Larson, 2005; Chagunda et al., 2006). The same potential was reflected by the LDH activity in the present study too.

#### Alkaline phosphatase (ALP) activity

The average ALP activities in milk whey with their standard errors for the comparison in different udder health status of buffaloes are presented in Table 4. The results indicated an increase in the activity of ALP with the increase in severity of mastitis.

Subclinical mastitis causes considerable changes in milk and serum composition (Meglia

et al., 2001). Gain et al. (2015) reported significant increase in serum ALP activity in mastitis. The enzymes from blood leak into the milk due to an increased permeability (Pyorala, 2003). The increased enzyme activity in mastitic milk sample could be due to inflammation (Bogin et al., 1977) resulting in the migration of neutrophills into the infected udder (Mohammed et al., 1981). Leukocytes were one of the major sources of phosphatases in milk particularly when there was infection in the udder causing their lysis leading to the release of the lysosomal enzymes (Pathania and Seth, 1995).

The variation in the milk-whey ALP activity of various udder health status groups studied in the present investigation indicated the significance of this enzyme as a potential indicator of mastitis.

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